

University of Waterloo

Anxiety Studies



UW Anxiety Studies researchers are currently seeking volunteers (18+ years of age) for our **Anxiety Studies Participant Pool**. You may be eligible if you experience any of the following:

- **recurrent thoughts or images** that are unwanted, distasteful, inappropriate, intrusive or distressing, such as:
 - the idea that you were **dirty, contaminated or had germs**
 - **doubting** that you turned appliances off or locked doors properly
 - fearing that you would **act on some impulse**
 - obsessions with **sexual thoughts, images, or impulses**
- the need to do something **repeatedly without being able to resist doing it**, like washing, cleaning, checking or counting
- the need to **do things in a certain way** even if another way would be more efficient
- the need to **keep things you don't need**

Participants who are eligible for the Pool (as determined by a 15-minute confidential phone interview) will be asked to complete:

- an in-person interview about symptoms of anxiety, depression, drug/alcohol use, unusual experiences and physical sensations (30-60 minutes)
- self-report questionnaires about symptoms, mood, social experiences, thoughts about self, concentration and habits (45-60 minutes)

Participants will receive \$40.00 in appreciation of their time

Confidential inquiries can be made through the Anxiety Studies Division

Website: <http://anxietystudies.uwaterloo.ca>

Voicemail: 519-888-4567, x35920

E-mail: anxiety@uwaterloo.ca